

SENSORY BAG PAINTING

AGES 0-2

MATERIALS

- ☆ Sealable plastic bags (preferably gallon-sized)
- ☆ Large sheet of paper or a highchair tray
- ★ Washable tempera paint
- * Duct tape or strong tape

INSTRUCTIONS

1. Pour a small amount of washable tempera paint into each sealable plastic bag, using a different color for each bag.
2. Seal the bags tightly to prevent any leaks.
3. Tape the bags securely to a flat surface, such as a table or a highchair tray, using duct tape or strong tape.
4. Place a large sheet of paper or a piece of cardboard underneath the bags to catch any potential spills.
5. Encourage the children to squish and spread the paint around inside the bags by pressing on them with their hands. They can also use their fingers to create patterns and designs.
6. Once they're finished, remove the bags from the surface and allow the paintings to dry completely before handling.

Action for Children

