

# SPONGE PAINTING

AGES 3-5

## MATERIALS

- ☆ Household sponges
- ☆ Washable tempera paint
- \* Paper plates or bowls
- \* Large sheets of paper
- ★ Scissors

## INSTRUCTIONS

1. Cut different shapes (such as circles, squares, and triangles) out of household sponges using scissors. You can also leave some sponges whole for larger stamping surfaces.
2. Pour washable tempera paint into paper plates or shallow containers, using a different color for each container.
3. Dip the sponge stamps into the paint, ensuring that they are evenly coated but not dripping.
4. Encourage the children to stamp the painted sponges onto large sheets of paper to create colorful patterns and designs. They can overlap shapes and experiment with different combinations.
5. Once they're finished, allow the paintings to dry completely before displaying or handling.

Action for Children

