



## Trainings Scheduled for February, 2023

Scheduled for dates/times as listed either via **Zoom (online with date/time)**, or **Face-to-Face**

Action for Children provides a wide variety of **OHIO APPROVED** Professional Development opportunities for early care & education professionals working in centers, schools and family child care homes through our classes and special training events. *Special Note: Action for Children continues to support Early Childhood by waiving or discounting fees for most trainings!*

### **ANNOUNCING OUR SPECIAL EVENT: FEB. 20<sup>TH</sup> Professional Development Day!**

***We've listened to providers/programs who are looking for Professional Development on the upcoming President's Day holiday so have a special day planned for you. See the list of NEW TRAININGS trainings being offered on our PD Day – last page of this monthly list. Start choosing trainings you'd like to attend so that you'll be ready when registration opens no later than January 25<sup>th</sup>. Registration info coming soon!***

***In addition to our PD DAY we continue to offer trainings to meet your specific Professional Development needs. To find and register for the trainings on the list below, follow these steps:***

- Step 1. Log on to OCCRRRA using your OPIN number (Use Chrome or Firefox as your browser)
- Step 2. Click on "Find Training"
- Step 3. Enter ID number from list below into the search space at the top of the page, under "Professional Development Events"
- Step 4. Training will appear. Complete your registration – add to cart, view cart, be sure to "check out" regardless of whether or not there is a fee.
- Step 5. Training will appear on your profile page as an "upcoming training"

#### **ID 10127943 Time Management: Strategies for Success! (Live Online)**

**Feb 1, 2023 6:00-8:00pm Zoom (online with date/time) Fee: \$0**

*Description: This training begins by helping Early Childhood Professionals identify challenges in completing the various tasks and responsibilities involved in their work. Next, various strategies are discussed and applied to the challenges, using concrete examples from experiences working with children and families. The relationships between time management and stress is also addressed. The training concludes by establishing specific goals for each participant regarding management of their work time.*

#### **ID 10127944 Ages & Stages Questionnaires-Social-Emotional**

**Feb 2, 2023 12:00-2:30pm Zoom (online with date/time) Fee: \$10**

*Description: This training will be offered live-online; in some instances it may also be delivered face-to-face along with a virtual option. Please check the registration details. Early identification of social-emotional problems is crucial, as more and more children are experiencing poverty and other risk factors for depression, anxiety, and antisocial behavior. With Ages & Stages Questionnaires®: Social-Emotional, Second Edition (ASQ:SE-2™), a highly reliable, parent-completed tool with a deep, exclusive focus on children's social and emotional development, you can quickly pinpoint behaviors of concern and identify any need for further assessment or ongoing monitoring for children 2 months - 60 months. Participants will be shown how to use the tool, strategies on conducting screenings and how to make referrals when needed.*

#### **ID 10125307 Building Resilient Classrooms – Encouragement**

**Feb 8, 2023 6:00-8:00pm Zoom (online with date/time) Fee: \$0**

*Description: Using Dr. Becky Bailey's Conscious Discipline online series, participants will attend a session. In each session participants will watch one workshop presented by Becky Bailey and then participate in a group discussion and participate in activities to practice the particular skill to support application methods in the classroom and home.*

#### **ID 10127946 Battling Burnout: What it is, Why it Happens**

**Feb 9, 2023 1:00-3:00pm Zoom (online with date/time) Fee: \$5**

*Description: Beginning with understanding signs and symptoms of burnout in ourselves and others, this session will provide participants with tools for: Recognition of stress, stressors, symptoms Assessment of potential causes Multiple strategies for winning the burnout battle. Issues related to work/life balance, time management, and being mindful of social/emotional development in adults will be included. This training takes place on-line, taught by an instructor in real time. It must be attended at the scheduled date and time.*

**ID 10127067 Taking Care of Ourselves**

**Feb 10, 2023 9:00-11:00am Zoom (online with date/time) Fee: \$0**

*Description: As early learning professionals, taking care of ourselves is critical to the work we do. "Stress is natural and can be inevitable. But stress can take a toll on your health and effectiveness as an early childhood educator or parent. It impacts the quality of care that you can give. When you are too stressed it is difficult to offer the praise, nurturance, and structure your children need." Developed by the Center for Early Childhood Mental Health Consultation for use with primary caregivers. Participants will be able to define stress, examine their role in creating and reducing stress and participate in activities allowing each person time to reflect on stress in their life. Participants will make a plan to reduce the impact of stress by identifying techniques useful to their own needs.*

**ID 10127947 Communicable Disease Recognition & Prevention – initial 6-hr course**

**Feb 13 & 15, 2023 6:00-9:00pm both evenings Zoom (online with date/time) Fee: \$15**

*Description: required by ODJFS, this six-hour training focuses on recognizing, preventing, and managing illness in the child care setting.*

**ID 10127950 Communicable Disease Recognition & Prevention – update 3-hr course**

**Feb 13, 2023 6:00-9:00pm Zoom (online with date/time) Fee:\$15**

*Description: Required by ODJFS, this six-hour training focuses on recognizing, preventing, and managing illness in the child care setting. To be eligible to take this three-hour training, participants must have an unexpired certification from previously taking this training*

**ID 10127069 Supporting Secure Attachment in Early Learning**

**Feb 14, 2023 4:00-7:00pm Zoom (online with date/time) Fee: \$0**

*Description: During this training, participants will explore first relationships that set the pattern for the child's future social and emotional health. Babies learn about themselves and gain self regulation through caregivers' responses to them in early years. We will examine the concept of secure attachment and its influence on the child's future relationships. Most importantly, we will consider how to make the most of opportunities to grow self confidence and healthy relationships with children and their families. (NOTE: This training is an updated version of a previous title: Supporting Secure Attachment in Early Childhood Environments)*

**ID 10127951 The Path of Life-Long Learning is Paved with Intentional Planning**

**Feb 16, 2023 12:30-2:30pm Zoom (online with date/time) Fee: \$0**

*Description: Early Childhood Professionals are dedicated to ensuring that children's need to learn and develop are met. But how are the learning and development needs of those who work with children met? This training provides participants with current thinking regarding learning needs of adults, components of effective learning opportunities, and how to create plans for life-long learning!*

**ID 10127952 Promoting Professionalism: Policies & Practices**

**Feb 16, 2023 6:00-8:00pm Zoom (online with date/time) Fee: \$0**

*Description: Participants in this training will explore the various aspects of professionalism in Early Childhood Care and Education. The components of professionalism will then be applied to current practices and policies, culminating with goal setting for new/renewed professionalism in the work setting. Small and large group discussion will lead to identifying strategies for completing these goals.*

**ID 10127074 Taking on Transitions: The Basics**

**Feb 24, 2023 12:00-2:00pm Zoom (online with date/time) Fee: \$0**

*Description: Transitions are a fact of life in the early learning setting. We move through the day in continual change: between home and care setting; ; between physical spaces; between activities; between care setting and home. When not managed well, they can be chaotic, upsetting and sometimes dangerous. Prevention is the key in addressing these times. We begin by examining variables that impact our own expectations and biases around transitions. This foundational training explores the basics of planning and carrying out smooth transitions, including strategies to incorporate into the daily routine of preschoolers.*

**ID 10127953 Strengthening Business Practices Mod. 3, Marketing**

**Feb 25 9:00am-12:00pm Zoom (online with date/time) Fee: \$0**

*Description: In this session, participants will develop a marketing plan and identify how to use specific marketing tools to communicate with families about their program's benefits. Topics discussed include identifying external and internal audiences, completing an environmental scan, distinguishing between features and benefits, and increasing communication with existing and prospective families. Marketing your program is one component of sound business practices that improves the sustainability of child care centers.*

**ID 10128066 Strengthening Business Practices Mod. 4, Recruiting and Retaining Staff**

**Feb 25 12:30-3:30pm Zoom (online with date/time) Fee: \$0**

*Description: This session supports administrators in their efforts to strengthen staff recruitment systems and improve their ability to retain quality staff. Topics discussed include developing effective job descriptions, conducting interviews, creating an orientation process for new employees, and writing a comprehensive staff handbook. Participants will learn the critical role that leaders have in providing feedback, managing staff performance, and retaining talented staff.*

**ID 10127976 Pediatric First Aid and CPR**

*Feb 25, 2023. 12:30-3:30pm Face-to-Face, Location: 78 Jefferson Ave., Columbus Fee: \$40*

*Description: This is a 3 hour training that follows an ODJFS-approved curriculum for individuals working with children. This class meets ODJFS revised code requirements [5101:2-14-13] and supplies the basics of Pediatric First Aid and CPR: injury prevention, emergency preparedness and response skills, as well as response to specific injuries and special health needs.*

**ID 10127954 Keeping Children Safe: Child Abuse & Neglect Recognition and Prevention - initial 6-hr course**

*Feb 27 & 28, 2023 6:00-9:00pm both evenings Zoom (online with date/time) Fee: \$15*

*Description: Keeping Children Safe is the approved training for child abuse and neglect identification for early childhood professionals. It fulfills the needed requirements for mandatory reports and includes information on definitions, indicators, legal issues and prevention. Multiple interactive techniques and tools are employed to ensure on-going participation.*

**ID 10127948 Keeping Children Safe: Child Abuse & Neglect Recognition and Prevention - initial 3-hr course**

*Feb 27, 2023 6:00-9:00pm Zoom (online with date/time) Fee: \$15*

*Description: Keeping Children Safe is the approved training for child abuse and neglect identification for early childhood professionals. It fulfills the needed requirements for mandatory reports and includes information on definitions, indicators, legal issues and prevention. Multiple interactive techniques and tools are employed to ensure on-going participation. To be eligible to take this three-hour training, participants must have an unexpired certification from previously taking this training.*

*AFC's trainings are designed to further your skills and knowledge in a variety of topics. And with instructors provided in real time, they are able to support important discussion as well as addressing questions/comments to meet your specific needs. Please plan on attending on the scheduled date & time. The Zoom link, handouts and other information will be sent within 24 hours prior to the training to everyone registered, using the email address in your profile on OCCRRA's Ohio Professional Registry.*

*If you need help finding the classes you are looking for, or have additional questions regarding Professional Development please contact: [PD@actionforchildren.org](mailto:PD@actionforchildren.org) or call 614.224.0222. For questions regarding your OCCRRA Registry account, email: [support@occrra.org](mailto:support@occrra.org)*

*(list of trainings subject to change)*

**SEE NEXT PAGE FOR PROFESSIONAL DEVELOPMENT DAY TRAININGS!**

## PD DAY February 20, 2023

**Join us for our all-virtual special event – low prices announced soon.  
Choose your Ohio Approved trainings so that you're ready when registration opens**

	Time	Title	Description
	9:00-11:00	<i>Preschoolers at Play: How Materials Can Support Learning and Development</i>	<i>How do we “address the who, why, how, and what of choosing the “right stuff” for preschool learning settings?” Utilizing NAEYC’s resource Preschoolers at Play: Choosing the Right Stuff for Learning and Development and participants’ knowledge and experiences, we’ll explore unique perspectives on choosing and using specific play materials to support cognitive, social/emotional, and physical learning development. You’ll engage in conversations, exploration, and planning for the playfulness impact on the environment you create for the young children in your care.</i>
	9:00-10:30	<i>Cultivate Curiosity with Loose Parts</i>	<i>Come learn the philosophy of Loose Parts. Explore the benefits for young children when Loose Parts is a part of their daily educational experiences and discover the benefits that Loose Parts has on the whole child! (Conversation/reflection following training)</i>
	9:00-10:30	<i>For the Children, For Ourselves: Getting to the Heart of S/E Development</i>	<i>What is behind social and emotional development? Come join us as we talk not only about the science but also strategies that will aid you, co-workers and the children and families who we work with. Follow up coaching also available!</i>
	9:00-12:00	<i>Strengthening Business Practices-Mod. I Center-Based Programs: Budgets, Projections, &amp; Planning</i>	<b>ADMINISTRATORS &amp; FCC OWNERS ONLY</b> <i>In this session, participants will understand the importance of fiscal planning to the sustainability of business operations by developing a budget, projecting costs and revenue, and planning for future goals. Through discussion and activities, participants will strengthen their knowledge of fiscal terms, concepts, and practices to reinforce awareness that sound fiscal management is foundational to strong business practices, which ultimately improve outcomes for children</i>
<b>Mid-Day Break:</b> Use this time to work on your learning environments, lunch, center staff meetings, curriculum planning. Let us know if you have questions for AFC, so that we can arrange to have staff available to meet with you virtually.			
	1:30-3:00	<i>Screen Time in Early Childhood: Making Informed Choices</i>	<i>Exploring the use of screens and digital media in early learning environments. Participants will learn about how adult media habits effect children, what appropriate media use looks like for young children, and how to choose high quality media for the learning environment.</i>
	1:30-3:00	<i>Building a Relationship-Based Foundation for Learning</i>	<i>In Early Care and Education our shared goal is positive learning, growth, and development for all children. To optimize achievement of that goal, we must first establish the foundations of relationships within a secure learning community. The components of this training include sharing strategies for building secure relationships, identifying various elements of that support a learning community, and bridging those relationship in the learning community to support young children. Come prepared to both share experiences, and to listen to ideas from others as you create your own plans to take back to your learning community.</i>
	1:30-3:00	<i>The Project Approach: Where Curriculum and Inquiry Intersect</i>	<i>Participants will engage in using the Cycle of Inquiry to examine the components of a successful curriculum using the Project Approach when working with young children. During this interactive session, participants will focus on the meaning and purpose of Project work, the basis for selecting topics, and facilitating successful Project work. This process will include creating a Project Plan to take back to the workplace for implementation. Participants invited to stay afterward and discuss their Project Plans!</i>
	1:00-4:00	<i>Strengthening Business Practices Mod. II - for Center-Based Programs: Financial Reports &amp; Internal Controls</i>	<b>ADMINISTRATORS &amp; FCC OWNERS ONLY</b> <i>In this session, participants will learn to use three different financial reports to analyze a program’s fiscal health. Through discussion and activities, participants will discuss the importance of using internal controls to minimize risk and strengthen fiscal management in child care centers.</i>