

# Action for Children's #WOYC21 Resource Recap

## MUSIC MONDAY

- Songs and Fingerplays (newborn-3 years old)  
Sharing music experiences with the people they love makes very young children feel cherished and important (From [zerotothree.org](http://zerotothree.org)). Simple songs and fingerplays for infants and toddlers include: "If You're Happy and You Know It", "ItsyBitsy Spider", "Twinkle Twinkle Little Star", "The Wheels on the Bus", "Five Little Monkeys Jumping on the Bed", and "Ten in the Bed". ([Action for Children](#))
- [SuperSimple Songs on YouTube](#)
- [Singing and Moving in the Time of COVID-19](#) (NAEYC)
- [Playing with Music at Home](#) (NAEYC)
- [Make your own Musical Instruments](#) (PreKinders)

## TASTY TUESDAY

- [Frito Pie Recipe](#) (Action for Children)
- [Samurai Banana Sushi Roll recipe](#) (CACFP)
- [How to Support Children's Approaches to Learning? Play with Them!](#) (NAEYC)
- [Nugget Recipes](#) (KidSpot Kitchen)
- [Indoor Gardening for Kids](#) (Pioneer Thinking)
- [Baking Math for Families and Young Children](#) (NAEYC)
- [Let's Eat \(Well\)!](#) (NAEYC)

## WORK TOGETHER WEDNESDAY

- [Guide to Imaginative Play with Children](#) (Action for Children)
- Imagination Adventure: Choose a favorite plaything (doll, stuffed animal, toy dinosaur, etc). Create a story together about an adventure for that plaything. "Once upon a time, my stuffed animal named \_\_\_\_ got to take a surprise trip on a rocket ship, and landed on the moon! The first thing he saw was...." Write down your story and illustrate it if you choose! Another option would be to choose a favorite plaything and create a special playground for them using found materials from around the house such as boxes, pillows, or plastic containers. (Action for Children)
- Simple Sock Puppets: Puppets are great for imaginative play. While puppets can be purchased, you can also make your own -- or just use your socks. While getting ready for bed or folding laundry, try putting a sock over your hand and making your puppet "talk" to your child in a funny voice. Let your puppet snuggle your child's neck, and give noisy

kisses. Then, hand your child another sock, and have your puppet ask, "Hey, have you seen my friend? I'm looking for her." Continue the play until your puppet "gets tired," and asks to go to bed in the drawer or the laundry. (Action for Children)

- [How to Support Children's Approaches to Learning? Play with Them!](#) (NAEYC)
- [Five Essentials to Meaningful Play](#) (NAEYC)
- [Mensaje en la mochila™ Cómo elegir las mejores actividades STEM para sus hijos](#) (NAEYC)

## **ARTSY THURSDAY**

- [DIY Sidewalk Chalk Paint](#) (Action for Children)
- [Fizzy Drip Painting - Art Meets Science](#) (Capri + 3)
- [Meaningful Art Projects Parents Can Fit Into a Busy Day](#) (NAEYC)
- [Every Color on the Canvas: Using Art to Explore Preschoolers' Understanding of Differences](#) (NAEYC)
- [How Process-Focused Art Experiences Support Preschoolers](#) (NAEYC)
- [Mac Worthington's Studio & Sculpture Park](#) (Delaware County)

## **FAMILY FRIDAY**

- [Games to Play With Your Children](#) (Action for Children)
- [Action for Children Parent Programs](#) (Action for Children)
- [Am I Really My Child's First Teacher?](#) (NAEYC)
- [Message in a Backpack™ Helping Your Child through Change](#) (NAEYC)
- [Explore the Great Outdoors with Your Child](#) (NAEYC)

Need more inspiration? [Click here](#) for Action for Children resources and activities for all ages!

To learn more about Week of the Young Child and how this annual event impacts the lives of children all across the country, visit the [NAEYC website](#).